# **Outline Proposal**



Multi Activity Day

## Overview

### **The Format**

Following an introduction to the day's events guests will be divided into teams. We recommend team sizes of five to eight participants to rotate around various activities. Each activity lasts between 30 – 40 minutes. On each activity, guests are taught the skills required to achieve a good score, all under the watchful eye of the experienced instructors.

The day may be concluded with a prize-giving where the winning team and best individuals are awarded prizes.

### **Sample Itinerary**

This is a sample timetable and activity suggestion for a multi activity day, it can be altered to suite your day.

09.30 am	Guests arrive.	2.00 pm	Activities continue – Sheepdog Challenge
	Morning coffee and biscuits	2.50 pm	Long Bows and Cross Bows
10.00 am	Event briefing	3.30 pm	Finale – Inflatable Volleyball
10.15 am	Activities commence – Pilot Racers	4.30 pm	Afternoon Tea
10.55 am	Climb The Rock	4.45 pm	Prize-Giving
11.35 am	Laser Clay Shooting	5.00 pm	Guests Depart
12.15 am	Apache Off Road Racer		
12.55 pm	Lunch		

### **Suggested Driving Activities**

#### **QUAD BIKES OBSTACLE COURSE**

These all terrain, four-wheeled vehicles are robust and resilient. Their qualities are put to the test over our testing obstacle course, which includes a slalom, ramps, seesaw and limbo bar. The competition winner will have mastered the art of balancing speed and skill throughout the timed laps.



#### **PILOT RACERS**

These single seater American dune buggies are always a firm favourite. Combining speed with an exciting course comprising, chicanes, jumps and testing corners, these racers give everyone a chance to feel like a racing driver for a day. With all the controls at your fingertips, all you need to think about is avoiding the penalty cones. Two vehicles are supplied with helmets and gloves for all drivers.



#### **HOVERCRAFT**

One Cyclone sport hovercraft gives guests a rare opportunity to fly inches off the ground around a twisting grass circuit. Steering these bizarre machines requires a delicate touch on the controls as demonstrated by the experienced instructors during the practice session. Then the guests must negotiate the figure of eight course before parking their machines in a garage to stop the clock.



#### **ARGOCATS**

These six wheel, skid steer amphibious vehicles were developed for NATO to use in swampy water laden battle grounds! Our purpose designed courses are slightly less challenging but no less fun! The vehicles have lever steering (just like a tank) and automatic transmission providing a unique challenge for drivers.



#### POWERTURN RACERS...... breaking new ground in off-road vehicles!

A new concept in driving challenges, these space framed racers not only have TWO engines, they can be driven by TWO drivers! There is no steering wheel as it is the rear wheels that direct the vehicle - braking can also prove to be less than 'straight forward'! If this all sounds very strange, it's because it is. Utmost concentration and determination are required to keep this machine on track - proving the point, two heads are NOT always better than one!



#### **PATRIOT KARTS**

A two seater version of a pilot. Patriot Karts allow children to ride alongside an adult. Children over 14 years old may drive if accompanied by an instructor.



### **Suggested Shooting Activities**

#### LASER CLAY SHOOTING

This new sport uses the latest infra-red technology to simulate the traditional sport of clay pigeon shooting, without recoil or noise problems normally associated with the sport. The five gun system allows five guests to shoot at once under the supervision of an experienced instructor.



#### **CLAY SHOOTING**

A professional mobile clay pigeon shooting unit complete with 12 and 20 bore shotguns, a safety cage and ear defenders. An experienced instructor ensures a good score on the competition shoot irrespective of past experience.



#### **MORTAR AND MUSKETRY**

Aided by our Royal Artillery Bombardier half the team must master the trajectory of a Cohome Mortar, lobbing bombshells into the enemy fort whilst the other team members armed with the famous 'Brown Bess' flintlock musket attempt with every flash in the pan to make their mark on the enemy target.



#### **QUADATHLON**

This is a great activity for all shooting enthusiasts of any standard. On offer are 4 types of shooting weapons, match air pistols and match air rifles, a pistol crossbow and a compound crossbow. Guests will be shooting at revolving and crossing clay targets at long and short distance targets.



#### **LONG BOWS AND CROSSBOWS**

Our archery is quickly mastered, and should not be confused with usual target archery methods. Our enthusiasm will ensure a competitive and memorable day, with instruction on this addictive sport. You will be excited as soon as your arrows are unleashed from traditional and compound long bows at 25 metres, at static and exploding targets. For your ultimate enjoyment, you will then be able to fire bolts from crossbows with open and telescopic sights at moving and static targets (the jewel in our crown!). This package includes two staff, two long bow targets and two crossbow targets.



### **Suggested Climbing Activities**

#### **CLIMB THE ROCK**

The Rock is a two person computerised climbing wall, which rotates, tilts and spins simultaneously. Since the operator can alter the machine to suit the ability of the climber, anyone between the age of 6 and 60 can have a go, whether they are a complete novice or an experienced climber! Since climbers are never more than a few feet from the ground, they don't need harnesses or ropes, and therefore you can ensure a high through put of users. Climb the Rock comes complete with its impressive Event Station, and futuristic dome marquee,



#### **Mobile Climbing Wall**

Climbing is Europe's fastest growing sporting activity and is a stunning centrepiece for any corporate or family event, product promotion or show and it looks like something from outer space!

The Mobile Climbing System is a free-standing cylindrical climbing tower providing you with 55 square metres of climbing surface, it is 8 metres high and the top deck is an excellent abseiling platform. Up to 6 climbers can scale the wall at a time with up to 18 people actively involved in the trust-building climbing process. This unique climbing surface is brought right to your doorstep and erected in any 15 metre by 15 metre area with 11 metres headroom and adequate access, inside or out, in just 90 minutes.



### **Suggested Finale Activities**

#### **INFLATABLE BEACH VOLLEYBALL**

The popular sport of beach volleyball is taken to the very extreme of fun and accessibility. Teams battle it out on an inflatable court with an inflatable outside wall and decorated with palm trees. Diving for a ball no longer means a face full of sand as a soft landing awaits when you leap for those high balls!



#### **HUMAN TABLE FOOTBALL**

In this hilarious five aside bar football team game, you take the place of the plastic players, strapped to poles on a giant inflatable version of table football. It takes a combination of co-ordination and teamwork to ensure you are on the winning side, but either way you are guaranteed a great time. The nature of the game means that however good or bad your football skills, everyone starts off equal.



#### **REDUCING KNOCKOUT**

All teams compete in reducing finale heats to decide the overall winning team. 4 teams at a time have to tackle the obstacles put before them. The teams begin with 4 sets of ski plods, then the next 3 move on to the race raft, 2 through the tunnel and finally over the mountain.



### **Additional Ideas**

\* The previous activities are a selection of challenges, to name but a few, that can be included in this day.

Alternative tasks can be included instead if required such as:

- Rally Driving
- Tank Driving
- Sheepdog Challenges
- Fire Engine Challenge
- Paintballing